



Your Child's Feeding Evaluation

What do I need to do before my child's evaluation?

- Arrange childcare for your other children so that you can take part in your child's evaluation.
- Complete the case history form included in our packet.
 - Answer all of the questions about your family and your child's health, development, speech and language patterns and functional abilities in daily life.
 - List any concerns you have about your child's speech and language or sensory processing. Your concerns could be related to possible feeding problems. This could provide us with information that may be useful during assessment.
 - **Bring the completed case history with you to evaluation.**
- Complete a three-day diet diary for your child.
 - The diary should include the time of day, type of food offered, amount of food consumed and how long each feeding took.
 - **Bring diary with you to evaluation.**
- Bring the following items with you to your child's evaluation:
 - Bottles, cups, or spoons that your child's uses or recognizes
 - Any formula they are receiving, even if it is only for tube feedings
 - Two types of foods (creamy, crunchy, mixed, ect.) that your child likes or is able to eat
 - Two types of foods (creamy, crunchy, mixed, ect.) that your child does not like or has trouble eating
 - Any related assessment results (especially swallow studies or GI studies), medical information or school reports
- Give your child any medicine that is necessary prior to the evaluation.
- Arrive 15 minutes prior to your scheduled session. Your session length is 30 minutes, so please have everything ready.

What will my child's evaluation include?

- We will interview you to review your child's medical history and determine his/her specific feeding problems.
- We will observe your child's eating and drinking in our office. Your child will need to eat during their scheduled appointment time. Be sure they are hungry enough to eat several bites of various foods or to drink from a couple of different bottles during the appointment. Your child will not necessarily eat a full meal during the evaluation.
- After the evaluation, we will schedule a follow up to discuss our findings, make recommendations and develop a plan of care.

If you have any further questions, please feel free to call our office at # (770) 877-9105.